	Age									
	J U5	J 6-8	J 9-11	Y 12-14	Y 15-17	A 18-29	S 30-39	SS 40-49	V 50-59	SV 60+
Disciplines										
Athletics										
25m										
50m										
100m										
200m										
400m										
800m										
1500m										
4 X 100 relay										
Shot Put										
Long Jump										
High Jump										
Ball Throw										
3 km Race Walk Women										
5 km Race Walk Men										
Other sports										
Badminton Singles										
Badminton Doubles										
Bad. Mix Singles										
Bad. Mix Doubles										
Table Tennis singles										
Table tennis doubles										
Tennis singles										
Tennis doubles										
Tennis mixed doubles										
Bowling (10 pins)										
Cycling 5 km										
Cycling 20km										
Golf										
Road Race 1km jr										
Road Race 3km Women										
Road Race 5km Men										
Pétanque										
Swim										
25m free										
25m back										
25m breast										
50m free										
50m back										
50m breast										
50m fly										
100m back										
100m breast										
100m free										
200m free										
200m breast										
200m back										
400m free										
4x50 free relay										
Optionnal disciplines										
Beach Volleyball jr.										
Beach Volleyball y.										
Beach Volleyball										
Softball jr										
Softball y.										
Softball										
Soccer jr										
Soccer y.										
Soccer										